



Pressed Flowers

Good Flowers to Press:

Choose flowers with a single layer of petals and vibrant colors!

Examples: cosmos, daisies, nasturtium, calendula



Bad Flowers to Press:

Avoid flowers that are sturdy, high moisture, or multilayered! They will not press well and may mold because of trapped moisture.

Examples: roses, lilies, dahlias

Preparation:
Harvest flowers when they're dry or pat them dry before pressing!
Otherwise they may mold in the press.

Possible Projects:

bookmarks
window hangings
coasters
cards
soaps



Methods:

Traditional: Lay flowers between wax paper in a heavy book, leave for 1-2 weeks

Flower Press: Lay flowers in a flower press and tighten wingnuts, leave for 1-2 weeks

Microwave: lay flowers in microwave for short bursts (not recommended)

Ironing: lay wax paper over flowers and iron (not recommended)

